

the
Millstone
BAR & RESTAURANT
penyffordd

Sunday 12th May 2019

Appetisers

Chilli and Garlic Marinated Olives £3.95 **V GF**

Homemade Garlic Focaccia £3.75 add Mozzarella £3.95 **V GFA**

Home Baked Bread Selection, Sun Blushed Tomato Dip £3.75 **V GFA**

Starters

Wild Mushroom Risotto Asparagus, Parmesan, Truffle Oil £6.25 **V GF**

Pan Fried King Prawns with Chilli and Garlic Butter Chorizo, Sun Blushed Tomatoes, Toasted Flat Bread £6.95 **GFA**

Cajun Chicken Thigh Mustard Slaw, Minerale Leaves, BBQ Sauce £6.25 **GF**

Butternut Squash, Coconut, Chilli and Coriander Soup Freshly Baked Bread £5.75 **V GFA**

Salt n Pepper Crispy Squid Oriental Vegetables, Plum Ketchup £6.50

Charcuterie Meats Olives, Red Onion Relish, Piccalilli Dressing, Quinoa Toast £5.75 **GFA**

Main Courses

Roast Topside of Welsh Celtic Pride Beef Yorkshire Pudding, Roast Potatoes, Cauliflower Cheese, Red Cabbage, Seasonal Vegetables, Roast Gravy £12.50 **GFA**

Roast Breast of Goosnargh Chicken Apricot, Sage and Onion Stuffing, Bread Sauce, Cauliflower Cheese, Roast Potatoes, Red Cabbage, Seasonal Vegetables, Roast Gravy £12.50 **GFA**

Millstone Vegetarian Roast Harissa Roasted Cauliflower, Roast Potatoes, Apple Compote, Braised Red Cabbage, Seasonal Veg, Roast Veg Gravy £11.50 **V GFA**

35 Day Dry Aged Welsh Celtic Pride Beef Burger Bacon, Sour Dough Bun, Millstone BBQ Sauce, Mustard Slaw, Baby Gem, Tomatoes, Pickles, Hand Cut Chips £11.95 (Add... Monterey Jack or Perl Las Blue Cheese £1.00)

Millstone Fish Pie GFA

Salmon, King Prawns, Cod, Smoked Haddock, Cheddar and Parsley Crumble, Buttered Kale, Garden Peas £13.95

Trio of Baker & Roberts Sausages Mustard Mash, Chargrilled Red Onion Relish, Red Wine Gravy £12.95

Pan Fried Salmon Fillet Jersey Royal Potatoes and Chorizo, Mussels, Thai Coconut Cream Sauce 14.95 **GF**

35 Day Dry Aged 8oz Welsh Celtic Pride Sirloin Steak Field Mushrooms, Vine Tomatoes, Hand Cut Chips, Pepper Sauce £19.95 **GF**

Red Thai and Coconut Veg Curry Pak Choi, Spring Onions, Baby Corn, Sticky Jasmine Rice, Chargrilled Flat Bread £11.95 **V GFA** (Add... Goosnargh Chicken Breast or King Prawns £3.95)

French Trimmed Pork Chop Bury Black Pudding, Mustard Mash, Apple Compote, Red Wine Jus £12.95 **GFA**

Please bear in mind that all of our food is cooked from fresh here at the Millstone using the finest ingredients therefore if you are not ordering starters you may notice a short wait for your Main Course. **Please see reverse for desserts...**

Desserts

Millstone Summer Fruits Mess Meringue, Whipped Cream £5.95

Chocolate Terrine Chantilly Cream, Poached Cherries £5.95

Pineapple Upside Down Cake Rum Caramel Sauce, Clotted Vanilla Ice Cream £5.95

Salted Caramel and Chocolate Profiteroles Clotted Caramel Fudge Ice Cream, Chocolate Sauce £5.95

Lemon and Coconut Tart Candied Citrus Fruits, Coconut Ice Cream £5.95

Hand Selected Local Welsh Cheeses Grapes, Celery, Biscuits, Homemade Chutney £7.50

Mario's Welsh Ice Creams – 3 Scoops £4.95

Coconut, Malteaser, Forest Fruits Ripple, Vanilla, Clotted Caramel Fudge

Mario's Luxury Sorbet – 2 Scoops £4.50

Apple and Calvados, Strawberry, Prosecco

N contains nuts

V suitable for vegetarians

GF gluten free

GFA gluten free adaptable

Please ask for allergen information.

Please ask to see our vegan menu and gluten free dessert menu.

CALLING ALL FOODIES!... *Join us for The Millstone's Supper Club every Tuesday evening from 5pm!*

Choose 2 courses from our selection of specially crafted dishes and a glass of house wine or a pint of lager/cask ale or bottled beer all for just £20 per person.

Gift Cards.....*Why not treat a loved one to lunch or an evening meal here at the Millstone. Gift Cards are available for purchase from £10.00 upwards.*

Please ask for details.